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in collaboration with



**12th - 16th
October 2020**

Musculoskeletal Management of Haemophilia



**VIRTUAL
WORKSHOP**

ABOUT AHAD-AP

Association for Haemophilia and Allied Disorders-Asia Pacific (Previously known as APHWG) was formed in 2014 as an independent group of health professionals involved with the care of people with haemophilia and related hereditary bleeding disorders from the Asia Pacific region, with the aim to improve care for people at risk for haemophilia and other hereditary bleeding disorders in the Asia Pacific region.

Countries and regions currently represented include Australia, China, Hong Kong, India, Japan, Malaysia, Singapore, South Korea, Taiwan, Thailand and Vietnam.

Over the last 3-4 years AHAD-AP has evolved gradually and is officially incorporated as a legal entity in Singapore in 2020. AHAD-AP has conducted several training workshops, published the Asia Pacific Principles of Haemophilia Care and created a format for outcomes data collection.

The AHAD-AP is governed by a Steering Committee as well as different standing committees.

To know more, visit www.ahadap.org

Virtual Workshop

Musculoskeletal Management of Haemophilia

The MSK management training program for Haemophilia, brought together many allied health professionals from the Asia Pacific region in the past, to learn together and develop skills in the care of Persons with Haemophilia (PWH). At this time when many continue to fight the COVID 19 pandemic, we have chosen to have a virtual workshop. Although we are limited in not being able to interact at a personal level and learn directly from our patients, we would like to continue to support your learning with the following objectives:

1. To understand the rehabilitation principles in the care of PWH with musculoskeletal complications.
2. To strengthen knowledge and skills in the comprehensive assessment and management of musculoskeletal complications in PWH.
3. To be competent in performing the core outcome measures for research in haemophilia.
4. To be familiar with the diagnosis, management guidelines and the recent advances in haemophilia care.

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Program Schedule

Day 1: 12th October 2020

Time (IST)	Topics	Speaker	Method
12:00 - 12:20 PM	Introduction to the workshop. Introduction to Self directed modules (SDL) Principles of Rehabilitation in Haemophilia (SDL I)	Dr. Judy Ann David	Session
12:20 - 12:40 PM	Lab workup and diagnosis in Haemophilia	Dr. Suresh Nair	Session
12:40 - 01:00 PM	Role of haemophilia nurse	Mr. Abraham Sunder Singh	Session
01:00 - 01:15 PM	Break		
01:15 - 03:15 PM	HJHS assessment	Mrs. Merlyn Tilak and team	Session & Practical

Day 2: 13th October 2020

Time (IST)	Topics	Speaker	Method
12:00 - 12:20 PM	Overview and recent advances in Haemophilia care	Dr. Alok Srivastava	Session
12:20 - 12:30 PM	Q&A		
12:30 - 12:50 PM	Factor replacement and inhibitor management	Dr. Aby Abraham	Session
12:50 - 01:00 PM	Q&A		
01:00 - 01:15 PM	Break		
01:15 - 02:15 PM	Physiotherapy management and progression of therapy following an acute joint bleed	Mrs. Merlyn Tilak and Team	Session & Practical
02:15 - 03:15 PM	Management of muscle dysfunction following a muscle bleed (SDL II)	Mrs. Merlyn Tilak and Team	Session & Practical

Day 3: 14th October 2020

Time (IST)	Topics	Speaker	Method
12:00 - 12:20PM	Pain management and Radiosynovectomy	Dr. Naveen Cherian Thomas	Session
12:20 - 12:30 PM	Q&A		
12:30 - 12:50 PM	FFD management protocol	Dr. Judy Ann David	Session
12:50 - 01:00 PM	Q&A		
01:00 - 01:15 PM	Break		
01:15 - 03:15 PM	Physiotherapy management and progression of therapy in chronic synovitis /arthopathy for the Knee joint (SDL III)	Mrs. Merlyn Tilak and Team	Session & Practical

Program Schedule

Day 4: 15 th October 2020	Time (IST)	Topics	Speaker	Method
	12:00 - 12:20 PM	Role of orthopaedic surgery in FFD management and Pseudotumors	Dr. Sandeep Albert	Session
	12:20 - 12:30 PM	Q&A		
	12:30 - 12:50 PM	TKR and rehabilitation following TKR	Dr. Pradeep Poonnoose	Session
	12:50 - 01:00 PM	Q&A		
	01:00 - 01:15 PM	Break		
	01:15 - 02:15 PM	FISH (SDL IV)	Mr. Sanjeev M Padankatti and Team	Session & Practical
	02:15 - 03:15 PM	COPM Joint protective measures	Mr. Sanjeev M Padankatti and Team	Session & Practical

Day 5: 16 th October 2020	Time (IST)	Topics	Speaker	Method
	12:00 - 12:20 PM	Gait analysis and posture analysis (SDL V)	Dr. Rajdeep Ojha	Session
	12:20 - 12:30 PM	Q&A		
	12:30 - 12:50 PM	Radiological assessment in Haemophilia	Dr. Madhavi K	Session
	12:50 - 01:00 PM	Q&A		
	01:00 - 01:15 PM	Break		
	01:15 - 03:00 PM	Physiotherapy management and progression of therapy in chronic synovitis / arthropathy for the elbow and ankle joint	Mrs. Merlyn Tilak and team	Session & Practical
	03:00 - 03:30 PM	Closing remarks, Feedback	Co-ordinating team	

If you have any queries, please write to:

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